

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

|  |  |   |
|--|--|---|
| 1. Name and Address of Reporting Person*<br><u>ADEL BRYAN R</u><br>_____<br>(Last) (First) (Middle)<br><u>450 NORTH BRAND BOULEVARD, 7TH FLOOR</u><br>_____<br>(Street)<br><u>GLENDALE CA 91203</u><br>_____<br>(City) (State) (Zip) | 2. Issuer Name and Ticker or Trading Symbol<br><u>Dine Brands Global, Inc. [ DIN ]</u> | 5. Relationship of Reporting Person(s) to Issuer<br>(Check all applicable)<br>Director 10% Owner<br><input checked="" type="checkbox"/> Officer (give title below) Other (specify below)<br><u>SVP, LEGAL, GC AND SECRETARY</u> |
|  | 3. Date of Earliest Transaction (Month/Day/Year)<br><u>07/05/2019</u>                  |   |
| 4. If Amendment, Date of Original Filed (Month/Day/Year)   |  |   |

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) |   | 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) |            |                        | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
|---------------------------------|--------------------------------------|--|--------------------------------|---|---|------------|------------------------|---|--|---|
|                                 |                                      |  | Code                           | V | Amount  | (A) or (D) | Price                  |   |  |   |
| COMMON STOCK                    | 07/05/2019                           |  | M                              |   | 6,000   | A          | \$53.49                | 21,505  | D  |   |
| COMMON STOCK                    | 07/05/2019                           |  | S                              |   | 6,000   | D          | \$103.5 <sup>(1)</sup> | 15,505  | D  |   |
| COMMON STOCK                    | 07/05/2019                           |  | S                              |   | 2,000   | D          | \$100 <sup>(2)</sup>   | 13,505  | D  |   |

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) |   | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) |       | 6. Date Exercisable and Expiration Date (Month/Day/Year) |                 | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4) | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |       |
|--|--|--------------------------------------|--|--------------------------------|---|--|-------|--|-----------------|---|--|--|---|--|-------|
|  |  |                                      |  | Code                           | V | (A)  | (D)   | Date Exercisable   | Expiration Date |   |  |  |   |  | Title |
| STOCK OPTION (RIGHT TO BUY)                | \$53.49  | 07/05/2019                           |  | M                              |   |  | 6,000 | (3)  | 03/03/2027      | COMMON STOCK  | 6,000                                      | \$0.00   | 17,611  | D  |       |

**Explanation of Responses:**

- The shares were sold in multiple transactions at the price reported. This sale was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 13, 2019.
- This sale was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 13, 2019.
- This option to purchase 35,417 shares of common stock vested as to one-third on each of March 3, 2018 and 2019 and will vest as to one-third on March 3, 2020.

**Remarks:**

/s/ Joanne Wu as attorney-in-fact for Bryan R. Adel 07/09/2019

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.